

# 🔑 grocery shopping list

Delivery by date:

fruit	quantities & notes
<input type="checkbox"/> apples	
<input type="checkbox"/> bananas	
<input type="checkbox"/> oranges	
<input type="checkbox"/> pears	
<input type="checkbox"/> grapes	
<input type="checkbox"/> peaches	
<input type="checkbox"/> plums	
<input type="checkbox"/> lemons	
<input type="checkbox"/> limes	
<input type="checkbox"/> strawberries	
<input type="checkbox"/> blueberries	
<input type="checkbox"/> raspberries	
<input type="checkbox"/> pineapples	
<input type="checkbox"/> cantaloupe	
<input type="checkbox"/> watermelon	
<input type="checkbox"/> fruit tray	
<input type="checkbox"/>	

produce	quantities & notes
<input type="checkbox"/> lettuce	
<input type="checkbox"/> cucumbers	
<input type="checkbox"/> tomatoes	
<input type="checkbox"/> bell peppers	
<input type="checkbox"/> carrots	
<input type="checkbox"/> celery	
<input type="checkbox"/> onion	
<input type="checkbox"/> garlic cloves	
<input type="checkbox"/> potatoes	
<input type="checkbox"/> corn	
<input type="checkbox"/> peas	
<input type="checkbox"/> broccoli	
<input type="checkbox"/> cauliflower	
<input type="checkbox"/> zucchini	
<input type="checkbox"/> mushrooms	
<input type="checkbox"/> spinach	
<input type="checkbox"/> kale	
<input type="checkbox"/> cabbage	
<input type="checkbox"/> asparagus	
<input type="checkbox"/> eggplant	
<input type="checkbox"/> beets	
<input type="checkbox"/> veggie tray	
<input type="checkbox"/> prepared salads	
<input type="checkbox"/>	

fresh herbs	quantities & notes
<input type="checkbox"/> parsley	
<input type="checkbox"/> cilantro	
<input type="checkbox"/> basil	
<input type="checkbox"/> thyme	
<input type="checkbox"/> rosemary	
<input type="checkbox"/>	

condiments	quantities & notes
<input type="checkbox"/> ketchup	
<input type="checkbox"/> mayonnaise	
<input type="checkbox"/> peanut butter	
<input type="checkbox"/> jelly	
<input type="checkbox"/> pizza sauce	
<input type="checkbox"/> salad dressing	
<input type="checkbox"/> soy sauce	
<input type="checkbox"/> hot sauce	
<input type="checkbox"/> mustard	
<input type="checkbox"/> honey	
<input type="checkbox"/> syrup	
<input type="checkbox"/> pickles	
<input type="checkbox"/> BBQ sauce	
<input type="checkbox"/> relish	
<input type="checkbox"/> tartar sauce	
<input type="checkbox"/> cocktail sauce	
<input type="checkbox"/> spaghetti sauce	
<input type="checkbox"/>	
<input type="checkbox"/>	

meat	quantities & notes
<input type="checkbox"/> chicken	
<input type="checkbox"/> turkey	
<input type="checkbox"/> pork	
<input type="checkbox"/> beef	
<input type="checkbox"/> lamb	
<input type="checkbox"/> brats	
<input type="checkbox"/> hot dogs	
<input type="checkbox"/> burger patties	
<input type="checkbox"/> breakfast sausage	
<input type="checkbox"/> bacon	
<input type="checkbox"/>	

seafood	quantities & notes
<input type="checkbox"/> fish	
<input type="checkbox"/> shrimp	
<input type="checkbox"/> crab	
<input type="checkbox"/> lobster	
<input type="checkbox"/> clams	
<input type="checkbox"/> oysters	
<input type="checkbox"/>	

dairy & soy	quantities & notes
<input type="checkbox"/> eggs	
<input type="checkbox"/> butter	
<input type="checkbox"/> milk	
<input type="checkbox"/> creamer	
<input type="checkbox"/> yogurt	
<input type="checkbox"/> sour cream	
<input type="checkbox"/> cream cheese	
<input type="checkbox"/> cottage cheese	
<input type="checkbox"/>	

grains	quantities & notes
<input type="checkbox"/> pasta	
<input type="checkbox"/> rice	
<input type="checkbox"/> egg noodles	
<input type="checkbox"/> rice noodles	
<input type="checkbox"/> quinoa	
<input type="checkbox"/> couscous	
<input type="checkbox"/> granola	
<input type="checkbox"/> oatmeal	
<input type="checkbox"/> cereal	
<input type="checkbox"/> pancake mix	
<input type="checkbox"/>	

bread	quantities & notes
<input type="checkbox"/> sliced bread	
<input type="checkbox"/> bagels	
<input type="checkbox"/> muffins	
<input type="checkbox"/> pitas	
<input type="checkbox"/> tortillas	
<input type="checkbox"/> rolls	
<input type="checkbox"/> flatbread	
<input type="checkbox"/> hot dog buns	
<input type="checkbox"/> burger buns	
<input type="checkbox"/>	

canned & packaged	quantities & notes
<input type="checkbox"/> tuna	
<input type="checkbox"/> beans	
<input type="checkbox"/> tomatoes	
<input type="checkbox"/> soup	
<input type="checkbox"/> mushrooms	
<input type="checkbox"/> stock	
<input type="checkbox"/> breadcrumbs	
<input type="checkbox"/> fruit	
<input type="checkbox"/> olives	
<input type="checkbox"/>	

cheese	quantities & notes
<input type="checkbox"/> provolone	
<input type="checkbox"/> cheddar	
<input type="checkbox"/> swiss	
<input type="checkbox"/> mozzarella	
<input type="checkbox"/> colby jack	
<input type="checkbox"/> parmesan	
<input type="checkbox"/> gouda	
<input type="checkbox"/> pepper jack	
<input type="checkbox"/>	
<input type="checkbox"/>	

deli	quantities & notes
<input type="checkbox"/> turkey	
<input type="checkbox"/> ham	
<input type="checkbox"/> bologna	
<input type="checkbox"/> roast beef	
<input type="checkbox"/> salami	
<input type="checkbox"/> prepared salads	
<input type="checkbox"/>	

snacks	quantities & notes
<input type="checkbox"/> chips	
<input type="checkbox"/> cookies	
<input type="checkbox"/> nuts	
<input type="checkbox"/> dried fruit	
<input type="checkbox"/> crackers	
<input type="checkbox"/> pretzels	
<input type="checkbox"/> popcorn	
<input type="checkbox"/> brownies	
<input type="checkbox"/> pudding	
<input type="checkbox"/> dip	
<input type="checkbox"/> salsa	
<input type="checkbox"/> hummus	
<input type="checkbox"/> guacamole	
<input type="checkbox"/>	

frozen	quantities & notes
<input type="checkbox"/> ice cream	
<input type="checkbox"/> popsicles	
<input type="checkbox"/> waffles	
<input type="checkbox"/> beans	
<input type="checkbox"/> peas	
<input type="checkbox"/> corn	
<input type="checkbox"/> broccoli	
<input type="checkbox"/> chicken breast	
<input type="checkbox"/> shrimp	
<input type="checkbox"/> meals	
<input type="checkbox"/>	

herbs & spices	quantities & notes
<input type="checkbox"/> salt	
<input type="checkbox"/> pepper	
<input type="checkbox"/> garlic powder	
<input type="checkbox"/> oregano	
<input type="checkbox"/> thyme	
<input type="checkbox"/> cinnamon	
<input type="checkbox"/> red pepper flakes	
<input type="checkbox"/> bay leaves	
<input type="checkbox"/> thyme	
<input type="checkbox"/> rosemary	
<input type="checkbox"/> chili powder	
<input type="checkbox"/> paprika	
<input type="checkbox"/> cumin	
<input type="checkbox"/> dill	
<input type="checkbox"/> taco seasoning	
<input type="checkbox"/> seasoning mix	
<input type="checkbox"/>	

baking	quantities & notes
<input type="checkbox"/> flour	
<input type="checkbox"/> sugar	
<input type="checkbox"/> baking soda	
<input type="checkbox"/> vanilla	
<input type="checkbox"/> chocolate chips	
<input type="checkbox"/> vegetable oil	
<input type="checkbox"/> cake mix	
<input type="checkbox"/> frosting	
<input type="checkbox"/>	

drinks	quantities & notes
<input type="checkbox"/> water	
<input type="checkbox"/> juice	
<input type="checkbox"/> soda	
<input type="checkbox"/> coffee	
<input type="checkbox"/> tea	
<input type="checkbox"/> beer	
<input type="checkbox"/> wine	
<input type="checkbox"/> liquor	
<input type="checkbox"/> seltzer	
<input type="checkbox"/>	

paper	quantities & notes
<input type="checkbox"/> toilet paper	
<input type="checkbox"/> paper towel	
<input type="checkbox"/> cling wrap	
<input type="checkbox"/> aluminum foil	
<input type="checkbox"/> paper plates	
<input type="checkbox"/> zip close bags	
<input type="checkbox"/> trash bags	
<input type="checkbox"/>	

toiletries	quantities & notes
<input type="checkbox"/> shampoo	
<input type="checkbox"/> conditioner	
<input type="checkbox"/> body soap	
<input type="checkbox"/> bar soap	
<input type="checkbox"/> hair product	
<input type="checkbox"/> deoderant	
<input type="checkbox"/> lotion	
<input type="checkbox"/> sunscreen	
<input type="checkbox"/>	

home	quantities & notes
<input type="checkbox"/> batteries	
<input type="checkbox"/> light bulb	
<input type="checkbox"/> laundry detergent	
<input type="checkbox"/> fabric softener	
<input type="checkbox"/> glass cleaner	
<input type="checkbox"/> dish soap	
<input type="checkbox"/> hand soap	
<input type="checkbox"/> toilet cleaner	
<input type="checkbox"/>	

other	notes
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

**Other instructions:**

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